

We are excited to announce that classes will be offered beginning in October 2018 to those students interested in gaining strength and flexibility and improving technique! These classes will be available to all dancers (including non-AAD students) **ages 7 and up**. The first session will consist of ten classes offered on Wednesday nights starting in October and ending in December 2018. A second session will be offered after the Christmas holidays (more information on the spring session to follow).

Classes will be divided based on age, experience, and ability. The instructors will rotate per class and consist of the following teachers for each age group:

Ages 7-9: Mrs. Danielle and Ms. Piper

Ages 10-12: Mrs. Amy and Mrs. Jax

Ages 13+: Mrs. Jax and Ms. Kaylie

Each class will begin with stretching and strength/conditioning exercises. The remaining portion of the class will cover several skills aimed to help students improve their foundation and technique. Students will learn new skills as well as perfect current skills.

NEW THIS YEAR!! TUMBLING CLASS!!

We have added a 30 minute tumbling class that will be offered to students ages 10 & up! This class will go over basic safety and requirements for executing handstands, backbends, front/back walkovers, ariels, and various hip hop stalls and tricks. Students will also be given several exercises to utilize at home for further development. The schedule below details the dates, times, and skills for each class based on age groups:

DATE	Age: 7-9	Age: 10-12	Age: 10 & up	Age: 13 & up
	6:00-7:00pm	6:00-7:15pm	7:15-7:45p m	7:45-9:00pm
October 3	Basic Turns (<i>Piper</i>)	Pirouettes (<i>Jax</i>)	Tumbling (<i>Piper</i> and <i>Jax</i>)	Pirouettes (<i>Jax</i>)
October 10	Jumps/Leaps (<i>Danielle</i>)	Jumps/Leaps (<i>Amy</i>)	Tumbling (<i>Amy</i> and <i>Kaylie</i>)	Jumps/Leaps (<i>Kaylie</i>)
October 17	Pirouettes (<i>Piper</i>)	Turns in Second (<i>Jax</i>)	Tumbling (<i>Piper</i> and <i>Jax</i>)	Turns in Second (<i>Jax</i>)
October 24	Basic Turns (<i>Danielle</i>)	Pirouettes (<i>Amy</i>)	Tumbling (<i>Amy</i> and <i>Kaylie</i>)	Pirouettes (<i>Kaylie</i>)
November 7	Jumps/Leaps (<i>Piper</i>)	Jumps/Leaps (<i>Jax</i>)	Tumbling (<i>Piper</i> and <i>Jax</i>)	Jumps/Leaps (<i>Jax</i>)
November 14	Pirouettes (<i>Danielle</i>)	Turns in Second (<i>Amy</i>)	Tumbling (<i>Amy</i> and <i>Kaylie</i>)	Turns in Second (<i>Kaylie</i>)
November 28	Basic Turns (<i>Piper</i>)	Pirouettes (<i>Jax</i>)	Tumbling (<i>Piper</i> and <i>Jax</i>)	Pirouettes (<i>Jax</i>)
December 5	Jumps/Leaps (<i>Danielle</i>)	Jumps/Leaps (<i>Amy</i>)	Tumbling (<i>Amy</i> and <i>Kaylie</i>)	Jumps/Leaps (<i>Kaylie</i>)
December 12	Pirouettes (<i>Piper</i>)	Turns in Second (<i>Jax</i>)	Tumbling (<i>Piper</i> and <i>Jax</i>)	Turn in Second (<i>Jax</i>)

December 19	Basic Turns (Danielle)	Pirouettes (Amy)	Tumbling (Amy and Kaylie)	Pirouettes (Kaylie)
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Payment Options:

Payment Method	Age: 7-9	Age: 10 & up
Class by Class Technique	\$20 per class	\$25 per class
Class by Class Tumbling	N/A	\$10 per class
Upfront for 10 Technique Classes	\$150 (\$15 per class)	\$200 (\$20 per class)
Upfront for 10 Tumbling Classes	N/A	\$80 (\$8 per class)
Upfront for 10 Technique and Tumbling Classes	N/A	\$280

**For dancers who are not current AAD students, an additional \$20 registration fee will be added.*

REGISTRATION AND PAYMENT FOR TECHNIQUE CLASSES - DUE BY OCTOBER 1ST. Sorry, no refunds or credits applied if dancer is absent.

To register, email All About Dance at allaboutdance@eatel.net, call at (225)644-2648, or see us in the front office.

Thanks so much for letting us be a part of your child's dance education!